



Doing vs. Being – 11/21/2021

OVERVIEW

We know we need to choose to spend time with Jesus, but the answer to “how?” often seems impossible to answer when life is busy and overwhelming. We find ourselves in a similar situation as the account of Martha. Jesus is inviting us to be with Him. He wants to meet us right in the middle of “how?” and in the middle of our distraction. Are you willing to sit at the feet of Jesus like Mary did?

Scriptures: Luke 10:38-42; Colossians 3:1-2

APPLICATION

- We see both Mary and Martha in this account. In this season of life, who do you most easily resonate with, and why?
- Andrew said, “There is a difference between listening and hearing. As Mary was sitting at Jesus’ feet, we see that she was listening with an intent to listen and respond.” How are you actively posturing yourself in a place where you can listen and respond to Jesus? If you aren’t, why not?
- Andrew shared about the 9 sacred pathways (Naturalists, Sensates, Traditionalists, Ascetics, Activists, Caregivers, Enthusiasts, Contemplatives, and Intellectuals). Which do you feel might be how you connect with God best and why?

Sacred Pathway	Description
Naturalists	Loving God outdoors
Sensates	Loving God with the senses
Traditionalists	Loving God through ritual and symbol
Ascetics	Loving God in solitude and simplicity
Activists	Loving God through confrontation and evangelism
Caregivers	Loving by serving and helping others
Enthusiasts	Loving God with excitement and joy
Contemplatives	Loving God through introspection and adoration
Intellectuals	Loving God with the mind

NEXT STEPS: Jesus is inviting us to be with him. “Our doing for Jesus needs to flow out of our being with Jesus.” This week take time and explore some of the ways below you can connect with Jesus.

SCRIPTURES FOR PRAYER, MEDITATION, AND MEMORY

Luke 2:8-20

Matthew 6:9-13

Psalms 1, 13, 16, 23, 27, 42, 63, 73, 84, 91, 95, 100, 123, and 131

Romans 12:1-2

Psalm 119:11

Isaiah 53

Hebrews 12:1-15

1 Corinthians 13

Colossians 3:1-17

Philippians 4

RESOURCE MATERIALS

Gentle and Lowly by Dane Ortlund

New Morning Mercies by Paul David Tripp

Be Still: A Simple Guide to Quiet Times by Brian Heasley

Sacred Pathways Test:

<https://groupleaders.org/curriculum-feed/spiritual-pathways-activity>