



# How To Pray - 9/1/19

## OVERVIEW

Talking to Jesus shouldn't be hard. He is our Creator and Father. He knows us better than anyone else. But sometimes the idea of talking to Him gives us a knot in our stomachs, especially if we are praying out loud with other people. Maybe it feels this way because we don't understand the conversation we are having, or who we are having it with. Let's ask God how He would like us to pray.

Scripture: Luke 6:7-13 (ESV), 11:1 (NIV); I John 4:20 (ESV); Matthew 6:9-13 (ESV); I Corinthians 10:13 (ESV)

## APPLICATION

- Were you taught to pray (if so, who taught you?), or did you figure it out by yourself?
- In Matthew 6:10, Jesus prays that God's "kingdom come" and His "will be done." Where in your life does your kingdom seem to take priority over God's Kingdom?
- Jeremy shared that to have a good marriage you must build into it. How can you be more intentional to build into your relationship with God?
- How will your prayers change after looking at Jesus' example of prayer?
- Is there anything you learned about prayer that you didn't know before?
- HOMEWORK: This week pray through the Lord's prayer. Spend time in each of the sections and make it personal. Journaling may be helpful as you process each section. One way to show your adoration to God is to do the ABC's of God's attributes. For each letter of the alphabet, name a characteristic of God. (Example: A – Abba Father, B – Beautiful Creator, C – Counselor, etc.)

