



Anger – 6/30/19

OVERVIEW

Jesus not only wants us to keep the letter of the law, but He wants us to understand the intent of the law—the heart of the law. The words we say, how we say them, and the choices we make all originate from our heart. How we value others will be revealed in these actions of the heart, and we will stand accountable for those actions.

Scriptures (NIV): John 10:10; Matthew 5:21-24; Ephesians 4:26; Genesis 1:27, 4:10-11, 9:6; Psalm 8:3-6, 139:13-16

APPLICATION

1. Growing up, we often learn by other's examples. How were you taught to handle your anger?
2. Jeremy explains that God views anger as "heart murder." What is your initial response to this interpretation and its severity?
3. Matthew 5:22 says that if we consider someone else a fool or an idiot, we are in "danger of the fire of hell." God not only sees our relationships with other people outwardly, but He also knows what's in our hearts. The stakes are high! How might your view of others look differently with this verse in mind?
4. "No matter how RIGHT I am, when I devalue something God values, I am WRONG!" As you think about this statement, where is an area in your life that you are wrong? For example, Jeremy mentioned things like your social media posts, how you treat your spouse or children, etc.
5. Matthew 5:23-24 describes a scenario where a religious obligation must come after a relational obligation. What steps do you need to take to align your life to what it looks like in this passage?

HOMEWORK: If there is someone in your life you need to reconcile with, set up a meeting to settle the anger appropriately. Remember that God cares about your heart in this process, and not who is right or wrong.

