



Materials Needed:  
Bible or Bible App

	SCRIPTURE	SPECIAL WORDS
	<b>MATTHEW 7:24-27</b> Wise Man vs. Foolish Man	<b>FOLLOWING JESUS</b> (MARCH IN PLACE) <b>MEANS OBEYING</b> (THUMBS UP) <b>GOD'S WORD</b> (PALMS TOGETHER, LIKE HOLDING A BOOK)
<b>READ THIS</b>	Obeying God's Word, the Bible, is one way we can show Jesus that we love Him! When we obey what God's Word says, people are able to do something special in us - how much we love Jesus! He is so powerful and He knows what is best for us even better than we do! This week, let's go deeper and discover some of God's Words we can obey!	
<b>MEMORIZE THIS</b>	"Don't copy ( <i>shake finger from side to side</i> ) the behavior ( <i>right hand out to the side</i> ) and customs ( <i>left hand out to the side</i> ) of this world ( <i>make a big circle overhead with arms</i> ) but let God ( <i>point up</i> ) transform you into a new person ( <i>bring hands all the way from feet up to head</i> ) by changing the way you think ( <i>make a thinking hand below chin</i> ). Then you will learn to know ( <i>finger at forehead</i> ) God's will for you ( <i>point up</i> ), which is good ( <i>right thumbs up</i> ) and pleasing ( <i>left thumbs up</i> ) and perfect ( <i>palms down and out to the sides</i> )." <b>Romans 12:2 (NLT)</b>	
<b>IN ACTION</b>	One way we can practice doing what God's Word says is to obey our parents. This week, when your parents or another trusted adult asks you to do something, practice obeying right away without complaining.	

CHECK OUT OUR COMPANION VIDEOS ON OUR YOUTUBE CHANNEL:  
[youtube.com/blueridgecommunitychurch](https://www.youtube.com/blueridgecommunitychurch)

## GO DEEPER

### MORNING MOMENTS

**Read:** James 1:22 (NLT)  
Start your Bible time by having your child follow some directions. Give directions one at a time, pausing for them to complete the action: Touch your toes. Clap your hands 2 times. Spin around 2 times. Say to your child: "Very good. I'm so glad you followed my directions. God loves it when you follow His directions too!" We can't just listen to God. Our Bible verse this week tells us that we also have to do what God says. Obeying is listening to what God tells us to do in His Word and then actually doing it!

### CREATIVE CONNECTION

This activity requires 2 people. Stand facing each other. One person will perform simple movements. The other person will copy the leader like a mirror's reflection. For example, if the leader waves his left arm, the "mirror" waves his right arm in the same way, duplicating the movement as if he is looking in a mirror. The Bible is like a mirror too. The Bible shows us what God wants us to do, and it's our job to copy it, just like we copied the leader in the game! **Following Jesus means obeying God's Word.**

### TABLE TIDBITS

Have your child practice obeying by helping you prepare for your next family meal. Give your child directions for setting plates, bowls, utensils, cups, napkins, and other items on the table. Talk about how we need to listen to what God says and then do it, just as we listened to the directions for setting the table and then followed them.

### CUDDLE CLOSE

Pull your child close beside you and say, "Remember to obey God's Word." As you tuck them into bed, sing, "Obey" (<https://tinyurl.com/obey-yancy>.) Then pray together, pausing after each phrase, to let your child repeat after you: *Dear God, Thank You for Your Word, the Bible. Help me to do what Your Word says. Thank You for loving me. In Jesus' name, Amen.*

**Materials Needed:** Bible or Bible App, Jar, "O"-Shaped Items

## GO DEEPER



### MORNING MOMENTS

**Read:** Ephesians 6:1-3, Colossians 3:20, Philippians 2:4  
 What are some things that your parents or grandparents ask you to do at home? (Clean up your toys, set the table, help with the dishes). When you are asked to do something by your parents or grandparents, should you shout "NO!" and run away, or should you do it without complaining? Thankfully we have the Bible to help us with the answer! God tells us in His Word, the Bible, that we should obey our parents. That means doing what they say, even when we don't feel like it!



### CREATIVE CONNECTION

Play a game of "Mother May I." The adult stands facing away from the child(ren). The adult then gives directions following a pattern, such as, "Brian, you may take 'x' (giant/regular/baby) steps (forward/backward.)" The child responds with "Mother may I?" Mom then states "Yes" or "No", and the child obeys. If the child forgets to ask "Mother may I?", he/she goes back to the starting line. The first one to touch Mother wins. When finished, talk about if it was easy or hard to obey Mother? How was your attitude when you were told, "No"? Remember, **"Following Jesus means obeying God's Word"** and God wants us to obey our parents!



### TABLE TIDBITS

Decorate a special jar or other container. Each time you catch your child obeying, have him or her place a Cheerio, Fruit Loop, or other "O" shaped item into the jar. Alternatively, have your child place the Cheerios or Fruit Loops on a string and wear it as a bracelet as a reminder that God's Word tells us to obey our parents.



### CUDDLE CLOSE

Pull your child close beside you and say, *"Remember to obey God's Word."* As you tuck them into bed, sing, *"Obey"* (<https://tinyurl.com/obey-yancy>). Then pray together, pausing after each phrase, to let your child repeat after you: *Dear God, Thank You for the people who love and take care of me. Please help me to obey my parents (or those who take care of me). Help me love You more. In Jesus' name, Amen.*

**Materials Needed:** Bible or Bible App, Toothpaste, Plate/Napkin, Edible Items for Creating "Mouth"

## GO DEEPER



### MORNING MOMENTS

**Read:** Philippians 4:8, James 3:9-10  
 Read the following statements for your child. Have your child frown if the words are mean and smile if the words are kind: 1). "Wow, I love your shirt!" 2). "Those shorts are an ugly color" 3). I am so glad you're my friend!" Our tongues can say kind words that make people feel good, or mean words that hurt people's feelings. God's Word says that we should love one another. Are we showing love to others when we say mean things to them? No! We can obey God's Word by being careful with our words!



### CREATIVE CONNECTION

Take a tube of toothpaste. Have your child squirt out some of it onto a plate or napkin. Next, ask them to place the toothpaste back into the tube. This is impossible, isn't it? The same is true of our words. Once we say something, we can't just take it back. Before we speak, we have to think about if what we want to say is good, true, helpful, and kind (consider Philippians 4:8).



### TABLE TIDBITS

Provide children with apple slices, 1/2 of a pancake, or other half-circle food item and help them make "mouths." Place peanut butter or frosting on the side of the apples and line with mini marshmallows to look like teeth. For extra fun, use a fruit roll-up or licorice as a "tongue".



### CUDDLE CLOSE

Pull your child close beside you and say, *"Remember to obey God's Word."* As you tuck them into bed, sing, *"Obey"* (<https://tinyurl.com/obey-yancy>). Then pray together, pausing after each phrase, to let your child repeat after you: *Dear God, Thank You for Your Word. Please help me to speak kind words. Thank You for forgiving me when I don't use kind words. In Jesus' name, Amen.*

**Materials Needed:**  
Bible or Bible App,  
Sidewalk Chalk

## GO DEEPER



### MORNING MOMENTS

**Read:** Matthew 28:16-20, Acts 1:8-11  
Do you know the last words Jesus gave His friends, the disciples, before he went to Heaven? He told his friends to go and tell other people about Him! Jesus wanted His friends to teach everybody to obey His Words, and Jesus wants us to do that too. What Jesus did for us by dying on the cross and then coming back to life is amazing! We can obey God by sharing that good news with others!  
**Remember: Following Jesus means obeying God's Word.**



### CREATIVE CONNECTION

Get out some sidewalk chalk and have your child draw pictures that remind them of Jesus and His love. Pray that God would use their pictures as a way of sharing their love of Jesus with others who pass by and see their beautiful work!



### TABLE TIDBITS

Prepare your child's favorite snack or food with them this week. Ask your child how they feel about getting to eat their favorite snack or food. Maybe your child wants to share how delicious this food is with their siblings or friends! How we feel when we eat our favorite food can be similar to how we feel about Jesus - we get really excited when we learn about Him, and we want to share this good news of Jesus with others!



### CUDDLE CLOSE

Pull your child close beside you and say, "Remember to obey God's Word." As you tuck them into bed, sing, "Obey" (<https://tinyurl.com/obey-yancy>). Then pray together, pausing after each phrase, to let your child repeat after you: *Dear God, Thank You for the good news of Jesus! Please help me to tell others about Jesus. Thank You for loving me! In Jesus' name, Amen.*

**Materials Needed:**  
Bible or Bible App,  
GPS or Map App

## GO DEEPER



### MORNING MOMENTS

**Read:** Psalm 77:12, Psalm 119:105-106  
Do you ever hear grownups say things like "Don't touch the stove - it's hot," or "Don't jump on the bed - you could fall and hit your head"? These adults are just trying to protect us from getting hurt, because some things that seem fun or interesting are not safe or a good idea! God's Word does this for us too! We may not always know what to do, but we can count on God's Word to help us make good choices and warn us what happens if we don't listen. **Following Jesus means obeying God's Word.**



### CREATIVE CONNECTION

Parents, program a destination into your GPS in your car or phone and take a drive (or this can be a walk if using your phone) with your family. Make a few wrong turns and hear the corrections made by your GPS trying to reroute you to the correct route. Take time to talk about how God's Holy Spirit uses the Bible to help direct us, and correct us if needed, to guide us along God's plan for our life. **Following Jesus means obeying God's Word.**



### TABLE TIDBITS

Have fun conducting a blind smell or taste test. Blindfold your child and place various food items in front of them. Have your child smell the food and try to guess what it is. Then, if they would like, they can taste the food. Our sense of smell and taste helped us know if the food was good or bad, even though we couldn't see it. Talk about how, when we don't know what we should do, the Bible can help us know if a choice is good or bad.



### CUDDLE CLOSE

Pull your child close beside you and say, "Remember to obey God's Word." As you tuck them into bed, sing, "Obey" (<https://tinyurl.com/obey-yance>). Then pray together, pausing after each phrase, to let your child repeat after you: *Dear God, Thank You for Your Word! Please help me to learn more about You from Your Word. Thank You for showing me what to do. In Jesus' name, Amen.*