

SCRIPTURE

BOTTOM LINE

1 SAMUEL 17 David and Goliath

WE CAN BUST FEAR BY KNOWING WHO GOD IS

EAD THIS

This week we are learning how knowing who God is will help us face our fears! Just like David did when he faced Goliath! No matter what our fears are, God is right there with us! We are not alone because like John 10:11 tells us, He is our Good Shepherd! God being a Good Shepherd is just one of many names that describe who God is! Knowing who God is can help us trust Him when we are afraid. Let's go deeper and see how knowing more about who God is helped other people from the Bible when they were afraid.

EMORIZE THIS

"Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."

Deuteronomy 31:6 (NIV)

ACTION

When you feel afraid, stop and say out loud, "God is with me. I do not need to be afraid!" God wants you to ask Him to help you be brave.

CHECK OUT OUR COMPANION VIDEOS ON OUR YOUTUBE CHANNEL:

youtube.com/blueridgecommunitychurch



DAY 1

K5

Materials Needed:

Bible or Bible App, Staff Printable, Card Stock or Cardboard, Scissors, Glue, Markers

GO DEEPER



MORNING MOMENTS

Read: Psalm 23 aloud. Close your eyes and imagine the pictures the words create.

Discuss: Jehovah Rohi - God is our Shepherd

- Can you imagine yourself as a sheep, following God?
- How can hearing God's voice help you when you are afraid?
- What are some ways we hear our Shepherd's (God's) voice?

Remember This: I can know God is our Good Shepherd



CREATIVE CONNECTION

Print and cut out the shepherd's staff and five different shapes from card stock or cardboard. Write the following phrases on the shapes with markers: (1) "The Lord is my shepherd," (2) "I shall not want," (3) "He makes me lie down in green pastures," (4) "He leads me beside still waters," (5) "He restores my soul." Glue the shapes to the staff and decorate as desired. Remember that God is our Good Shepherd who can help us when we are afraid!



TABLE TALK

- What fun facts do you know about sheep?
- How do you think we as people are like sheep?
- How has God kept you safe?



HUMBLE HEARTS

Take **P.A.R.T.** of your day to pray: **P**raise God for being our Good Shepherd **A**sk God to help you learn as you read the Bible **R**epent, or tell God you're sorry, for when you do not choose to obey what He says **T**hank God for His protection