

MEMORY VERSE

"Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good.
1 Peter 2:2-3 (NIV)

BOTTOM LINE

God Calls Us to Grow



TALK ABOUT IT

Read: Colossians 1:9-10, Psalm 92:12-14

Talk About It:

- Why should we want to be filled with the knowledge of God's will?
- How is righteousness described in Psalms?
- Is it always easy to do the right thing?



WAYS TO WORSHIP

Take a walk outside and look at different parts of nature – look at how creative our God is in how He created different plants and animals! What is growing? What is struggling to grow? What looks like it is dying? Why might one plant be growing and another not? As you are walking and observing, ask God to help you learn how to grow in Him! When we spend time reading the Bible and making choices that please God, we will grow in Him!



THINK ABOUT IT

Read: 1 Peter 2:2-3, 2 Peter 1:5-8

Think About It:

- What are some of the things Peter says we should grow in?
- How can we grow more in the Spirit?



FRUIT SALAD

How do you know a plant is healthy and growing? It produces fruit! How do you know what type of plant it is? By the type of fruit! When a plant is given the right amounts of sun, water, soil, and care the fruit it produces is yummy! Follow the recipe below and create a delicious fruit salad.

As you eat your treat, think about this.

- If we are a follower of Jesus, how will people around us know?
- If you are a follower of Jesus, are you growing His fruit in your life? (Galatians 5:22-23)

Ingredients:

- ¼ fresh pineapple, cut into bite-size chunks
- 1 orange, peeled and cut into bite-size pieces
- ½ red apple, cut into bite-size pieces
- 10 seedless grapes, halved
- 2 cups strawberry yogurt

Directions:

Cut your fruit into bite size pieces (be sure to cut your grapes in half too!) Stir the pineapple, orange, apple, and grapes together in a bowl. Pour yogurt over the top and stir to coat completely.