

**GO DEEPER**

**SPECIAL WORDS**

**WHEN WE ARE UNDER PRESSURE**

**(PRESS PALMS TOGETHER AND RUB BACK & FORTH)**

**GOD IS WORTHY**

**(RAISE BOTH HANDS HIGH ABOVE HEAD)**

**MEMORY VERSE**

But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed.

**2 Corinthians 4:7-9 (NIV)**

**DAILY DEVOTIONS**

**DAY 1: GOD IS WORTHY TO WORSHIP**

*READ - Judges 6:1-24*

God is worthy! Let's say that together with our loud voices: God is worthy! When Gideon realized he was talking to God he built an altar of worship. God deserves our Worship. Worship is more than just singing songs, it's anything we do to show God we love Him. We can dance, sing, pray, obey the Bible, and play nice with friends to show God we love Him. How do you like to show God you love Him? **Remember: When we are under pressure, God is worthy!**

**DAY 2: GOD IS WORTHY TO TRUST**

*READ - Judges 6:36-40*

Have your child sit in a chair and then ask: When you sat down did you think the chair would fall? No! You didn't even wiggle it or test it first to see if it would hold you, you just trusted that it would. God told Gideon he would lead a battle. Gideon did not trust God right away and asked for proof that what God was saying was true. God reminded Gideon that He is worthy to be trusted. **Remember: When we are under pressure, God is worthy!**

**DAY 3: GOD IS WORTHY TO OBEY**

*READ - Judges 7:1-8, Judges 8:10*

Pretend you are getting ready to face an army of at least 135,000 men and God tells you you will only have 300 soldiers! Show me how you would feel? Gideon was ready to go into a BIG battle with only 300 men because he knew God is worthy to obey. We obey God by obeying the Bible and the trusted adults He has placed in our lives. How can you obey God today? **Remember: When we are under pressure, God is worthy!**

**DAY 4: GOD IS WORTHY TO FOLLOW**

*READ - Judges 7:9-25*

Pretend you are one of the 300 men in Gideon's army getting ready for battle. God gives Gideon directions to follow. You are hoping Gideon gives you a big sword. Instead, he hands you a trumpet, a torch and a clay jar. Not what you were expecting right? But God is always worthy to be followed. His plans are best! Gideon followed God's directions and the Israelites won the battle! **Remember: When we are under pressure, God is worthy!**

**DAY 5: GOD IS WORTHY TO PRAISE**

*READ - Revelation 4:11, Psalm 66*

God is the one true God. That makes me so happy and glad! We are going to worship the Lord with cheerful, happy hearts because that's what it means to worship the Lord with gladness! **Remember: When you are under pressure, God is worthy!**



## WRING THE FLEECE

*Materials: "Sheep Skin" or wash cloth, Large Bowl with Water, Smaller Bowl, Timer*

### **Play a game of "Wring the Fleece":**

**To Play as a competition:** Split into two teams (teams can be made up of one or more people). Give each team a small washcloth as fleece. For each group, place one large bowl of water beside one small empty bowl. When you signal teams to begin, each team should use the cloth and dip it into the big bowl and then squeeze the water out into the small bowl. If playing with more than one person on a team pass the cloth to the next person to have a turn. If playing one on one continue to put the cloth back in the large bowl and squeeze the water into the small bowl as fast as you can. Teams continue until one team's small bowl is full of water.

**To Play Solo:** Grab your timer, a wash cloth, and place one large bowl of water beside one small empty bowl. When you are ready, start the timer. Use the cloth and dip it into the big bowl and then squeeze the water out into the small bowl. Continue to put the cloth back in the large bowl and squeeze the water into the small bowl as fast as you can. When the small bowl is full of water, stop your timer! See how fast you can fill the small bowl. Play again and see if you can fill your bowl even faster!

**To make this game more active play outside and place the small bowl 10 feet away from the large bowl. Run back and forth between the bowls to fill the small bowl!** Remember: God called Gideon to be a judge over Israel. He used the fleece to prove His calling. How should we respond to God's calling? We should obey God and trust Him to help us.



## ACT IT OUT

*Materials: Paper, brown paper bag, Red & Orange Tissue Paper, Tape, Kazoo, 4th of July Poppers*

Have some fun acting out the story of Gideon. Imagine you are one of the soldiers. You don't have a weapon but you know God is worthy! You can be strong, brave, and fight for the Lord!

1. Make your torch:
  - Take a piece of orange and red tissue paper and tape them to the inside of the lunch bag (leaving them sticking out of the top).
  - Twist and squeeze the bottom part of the paper sack to create the handle of the torch.
2. Set up your tents:
  - Fold your pieces of paper in half.
  - Place the folded pieces of paper around your yard to represent the tents of the Midianites.
3. Read and Act Out: Judges 7:19-21
  - When it says they "blew their trumpets" hum on your kazoo.
  - When it says they "smashed the jars" throw down the poppers.
  - Then shout out, "A sword for the Lord and for Gideon!"



## CUDDLE CLOSE

*Materials: None*

Before bed pull your child close beside you and say, "God is worthy of my love and praise!" As you tuck them into bed, sing, "Praise Ye the Lord" ([www.tinyurl.com/praise-ye](http://www.tinyurl.com/praise-ye)). Then pray together, pausing after each phrase, to let your child repeat after you:

*Dear God,  
You are worthy to be trusted.  
You are worthy to be obeyed.  
You are worthy to be praised.  
Help me to remember You are worthy!  
In Jesus' name, Amen.*